



Breakfast Wenu

LIGHT BREAKFAST MENU

Selection of Fresh Cut Fruits & Berries Freshly Brewed Illy Coffee & Crafted Fine Tea \$13.95 per person

CONTINENTAL BREAKFAST MENU

Selection of Fresh Cut Fruit & Berries
The Bakery Assortment of Freshly Baked:
Mini Danish Pastries | Croissants | Muffins
Served with Imported Preserves & Dairy Fresh Butter
Freshly Brewed Illy Coffee & Crafted Fine Tea
\$17.50 per person

INTERNATIONAL BREAKFAST MENU

Selection of Fresh Cut Fruit and
Scrambled Eggs - Fluffy Eggs served with:
Sausages | Bacon | Ham (choose two)
Home Style Hash Brown Potatoes | Tomatoes | Mushrooms
The Bakery Assortment of Freshly Baked:
Mini Danish Pastries | Croissants | Muffins | White or Whole Wheat Toast
Served with Imported Preserves & Dairy Fresh Butter
Freshly Brewed Illy Coffee & Crafted Fine Tea
\$24.75 per person

AVAILABLE UPON REQUEST

Bottled Juices | Soda | Mineral Waters | Decaffeinated Coffee

PLEASE NOTE:

- Please place your order by 12pm the day before or by Friday 12pm for Monday Delivery & Pick up \$30.00. Please enquire for more details
 - \$15.00 fee for each chafing dish including heating fuel
 - Eco-friendly disposable fee of \$2.50 pp (coffee cups, cutleries and plates)
- There is an additional \$60 labour surcharge for orders delivered before 7:45am



Soup Selection

\$7.95 (16oz)

Butternut Squash and Carrot Soup (Gluten and Dairy Free)
Creamy Noodle Soup with Organic Chicken (Gluten Free but Contain Dairy)
Split Green Pea Soup with Organic Chicken (Gluten Free)
Vegetable Soup (Gluten Free and Dairy Free)

BREAD

Garlic Bread ~ \$2.75 Slice of Organic Multi-Grain Bread ~ \$2.50

Homemade Pies & More

Beef & Mushroom Pie | \$7.25 Chicken & Leek Pie | \$7.25 Chicken Curry Puff | \$7.25



Signature Sandwiches

\$13.95

CURRIED CHICKEN

Curry Chicken Salad, Lettuce, Tomato on Multigrain Bread

GRILLED CHICKEN PESTO

Grilled Chicken Pesto Panini, Lettuce, Mozzarella & Tomato on Classic Italian Bread

GRILLED CHICKEN CAESAR

Grilled Chicken, Romaine Lettuce, Croutons, Parmesan Cheese, Caesar Dressing, Spinach Wrap

HAM & CHEESE SANDWICH

Ham, Cheddar Cheese, Lettuce, Tomato & Mayonnaise on Sourdough

SMOKED TURKEY & CHEESE

Smoked Turkey, Swiss Cheese, Lettuce, Tomato, Honey Dijonnaise on Ciabatta Bread

TUNA SALAD SANDWICH

Tuna, Lettuce, Tomato, Mayonnaise on Classic Italian Bread

BEYOND MEAT (MEATLESS BURGER)

with Avocado, Sautéed Onion, Lettuce, Tomato, Salsa & Jalapeño Mayo

VEGETARIAN PANEER CHEESE WRAP

Paneer Cheese, Tikka Style Salad, Sliced Raw Onions, Red Peppers, Celery, Tomatoes & Yogurt Dressing

CHICKEN TIKKA SUNDRIED TOMATO WRAP

Chicken Tigh, Tikka Style Salad, Sliced Raw Onions, Red Peppers, Celery, Tomatoes & Yogurt Dressing

Note: unfortunately, we don't do customized sandwiches



Create Jour Dwn Salad

STEP 1: CHOOSE YOUR LETTUCE

Romaine Hearts | Mesclun | Baby Spinach

STEP 2: CHOOSE YOUR PROTEIN

Albacore Tuna | Ham | Turkey Breast | Grilled Chicken | Teriyaki Chicken Organic Eggs | Quinoa | Curried Chicken Salad

STEP 3: CHOOSE YOUR TOPPINGS

House Pasta Salad | Farro Salad | Organic Chickpeas Organic Red Kidney Beans
Kalamata Olives | Roasted Artichokes | Beets | Cherry Tomatoes Red Peppers
English Cucumber | Broccoli | Cauliflower | Local Carrots | Celery Fresh Mushrooms
Edamame | Avocado | Rainbow Slaw | Mango | Pineapple | Watermelon Shredded Cheddar
Swiss Cheese | Grated Parmesan | Feta Cheese | Baby Mozzarella Croutons | Wonton Chips
Brussel Sprouts

STEP 4: CHOOSE YOUR SEEDS | DRIED FRUIT

Flax Seeds | Sunflower Seeds | Chia Seeds | Pumpkin Seeds | Cranberries

STEP 5: CHOOSE YOUR DRESSING

House Caesar Dressing | Balsamic Dressing | Thousand Island Dressing | French Dressing Creamy Italian Dressing | Blue Cheese Dressing | Detox Dressing | Lemon Tahini Dressing Raspberry ~ Chia Dressing | Ginger Sesame Dressing | Mango Sesame Dressing Oil Free Avocado Dressing | Raspberry Vinaigrette | Honey Dijon Dressing | Ranch Dressing Mediterranean Dressing | Balsamic & Extra Virgin Olive Oil | Café 4 Special Dressing



Create Jour Dwn Pasta

\$16.95 per order \$18.95 no pasta

STEP 1: CHOOSE YOUR HOMEMADE PASTA (max 1)

Conchiglia | Fettucine | Fusilli | Spinach Fusilli | Gluten Free Penne

STEP 2: CHOOSE YOUR PROTEIN

Chicken | Italian Sausage | Shrimp | Turkey | Bacon | Ham | Tuna

STEP 3: CHOOSE YOUR TOPPINGS

Mushrooms | Onions | Red Peppers | Chili Flakes | Sun-Dried Tomatoes | Cherry Tomatoes | Carrots | Broccoli | Spinach | Zucchini | Green Peas | Kalamata Olives | Roasted Artichokes | Corn | Grilled Vegetables | Chopped Scallions | Chopped Parsley | Parmesan Cheese

STEP 4: CHOOSE YOUR SAUCE

Organic Tomato Sauce | Cream Sauce | Pink Sauce (Tomato-Cream Sauce)
Garlic & Oil Pesto | Oriental Sauce | Olive Oil Only | Bolognese Sauce
Vegan Bolognese Sauce



Build Jour Dwn Taco

STEP 1: CHOOSE YOUR TACO SHELLS (max 1)

Tortilla Chips | Soft Tacos | Hard Taco Shells

STEP 2: CHOOSE YOUR PROTEIN

Braised Chicken | Braised Beef

STEP 3: CHOOSE YOUR TOPPINGS

HOT TOPPINGS

Mexican Rice | Black Bean Stew | Refried Beans Fajita Vegetables (Peppers, Onion & Zucchini)

COLD TOPPINGS

Sweet Corn| Cherry Tomatoes| Lettuce |Onion| Shredded Cheese |Cilantro Cabbage Slaw | Pickled Onions| Pickled Jalapenos

STEP 4: CHOOSE YOUR SAUCE OR SALSA-max I (\$1.50 for Extra)

Pico de Gallo | Taco Sauce | Roasted Tomato & Jalapeno Salsa | Sour Cream |

GUACAMOLE 20z. \$2.75